

Risks associated with Osteopathic Treatment

As part of good osteopathic practice it is necessary that osteopaths explain the risks associated with this type of health care. It is also important that patients understand them and feel sufficiently informed before you are examined and treated osteopathically.

In order to do this, the osteopath will give you information regarding your examination and assessment, as well as the treatment you will be having in order to get you better.

Please consider this information before you agree to examination/assessment and treatment. The osteopath will want you to understand all the relevant implications of your consent so please discuss any concerns with the osteopath as they will be happy to talk to you about them.

Risk:

Latest osteopathic research from data generated by the osteopathic profession shows the following risks associated with osteopathic practice:

In 100 patients treated, 1 - 2 patients experienced a “Minor Adverse Reaction” (for instance: - a day after treatment a patient can experience troublesome pain, numbness or tingling, fatigue, and or an increase in there pain/current symptoms).

In 36,079 patients treated, 1 person experienced a “Major Adverse Event” (for instance:- a reaction leading to hospital referral and/or permanent disability and /or incapacity or death).