

STOP & THINK!

COVID-19

Please make sure you are not putting yourself and others at risk BEFORE YOU COME INTO THE BUILDING. Please call us if you are concerned about any of these issues.

Telephone us on 01780 239 667.

Questions to Ask Yourself Before You Come in for your Consultation:

Have you been **feeling unwell at all over the past 2 weeks**, even only slightly unwell?

Have you or anybody you have been in contact with, **new persistent cough, had a sore throat, experienced a loss of smell, loss of taste, loss of appetite, been feeling tired, had stomach pains, diarrhoea or a raise in your temperature over the past 2 weeks?**

If you took your temperature in the last 2 weeks was it above 37.5deg C?

When did you take your temperature last? In order to come in for your consultation **you MUST check it the day of your treatment.**

Are currently working and mixing with other people, who may be infective?

Do you have **any underlying health issues that deserve special consideration?**

Are you in one of the High-Risk groups as defined by the NHS (See list of groups. www.nhs.co.uk search covid 19 and high-risk groups)?

Are you taking Medication that warrants us to consider you as in a High-Risk group?

If the answer to any of these questions is 'Yes' then you require Special Consideration for your needs. Please make sure you have discussed this with you practitioner before you enter. 19:5:20